

**LEBANESE UNIVERSITY
FACULTY OF PUBLIC
HEALTH**

**“NUTRITION AND
DIETETICS”**

Structure of the department

Dr. Maha
Hoteit

- Head of Department

Ms. Nadia a
Hallak

- Assistant

Ms. Iman
Kheir

- Assistant

Duration of study:

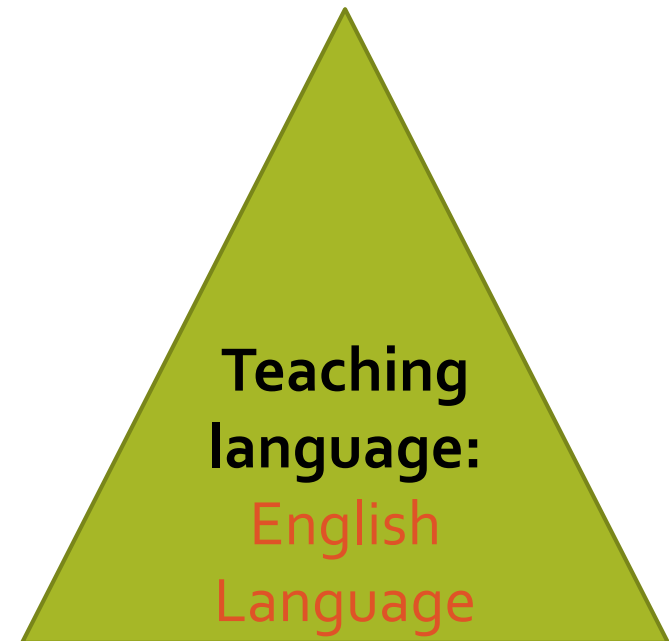
3 years to acquire a bachelor's degree in nutrition and dietetics followed by 2 years to acquire a Master's degree consisting of:

one year to acquire **M1** degree in nutrition and dietetics including: **A minimum six months internship program in a recognized hospital to acquire an authorization from the ministry of health**

One year (M2) to acquire a Master degree in **Clinical and Public Health Nutrition.**

How Many Credits

- The students have to complete
180 credits spread over **6 semesters**
30 credits per semester



Program

Undergraduate students should follow courses in different subjects allowing them to broaden their knowledge in a wide variety of areas such as:

- **Fundamental Sciences:** Mathematics, Physics, Chemistry, Biology, ..
 - **Nutrition and dietetics**
 - **Food services**
 - **Food chemistry and technology**
- Some courses such as Chemistry and Biology include practical work which helps students better understand and deepen their knowledge in these courses.

Courses distribution

1 st year	
1 st semester (S1)	2 nd semester (S2)
Applied Math	English Language
Biophysics	General Biology
Cell Biology	Organic Chemistry
General Chemistry	Inorganic Chemistry
Botany	General Microbiology
Introduction to Nutrition	Fundamental Nutrition
Public Health	Work Organization in Food Service
Human Rights	Computer sciences (Elective)
Introduction to Applied Chemistry (Elective)	Physical activities (Elective)
French Language (Elective)	
Psychology (Elective)	

Courses distribution

2 nd year	
1 st semester (S ₃)	2 nd semester (S ₄)
Structural Biochemistry	Metabolic Biochemistry
Descriptive Statistics	Norms & Food Standards
Nutrition in the Life Cycle	Agriculture Economics Principles
human Anatomy & Physiology	Food Sciences
Food Bacteriology & Mycology	Food Analysis
Genetic Diseases and Molecular Diagnosis	Ecology
Cooking Technology	Food Toxicology
Chemical Analysis Methods	Quality Control & Hygiene
Water Chemistry (Elective)	Hospitality Management (Elective)
Concepts in Health Sociology (Elective)	Environmental Effect and Human Health (Elective)
	Training in Food Service

Courses distribution

3^d year

1st semester (S5)	2nd semester (S6)
Physiopathology	Seminars
Nutritional Therapeutics - I	Introduction to Research in Nutrition
Marketing	Nutrition Education and Communication
Management	Law & Legislation - Ethics
Nutritional Status Assessment - I	Nutritional Therapeutics - II
Physiology & Sport Nutrition	Nutritional Therapeutics - III
Food Technology	Community Nutrition
Phytotherapy (Elective)	Principles of Clinical Biochemistry
Pharmacology, Drugs-Nutrients Interaction (Elective)	Nutritional Status Assessment - II
Immunology (Elective)	Advanced Nutrition (Elective)
	Cooking Art (Elective)

Courses distribution

4 th year	
M -1 S - 1	M - 1 S - 2
Clinical Internship (6 to 9 months)	Biostatistics Applied to Nutrition
	Data Analysis on SPSS
	Elaboration of a Thesis in Nutrition
	Nutritional Epidemiology
	Food Industry
	Advanced Micronutrients
	Advanced therapeutics
	applied sport nutrition Dietary applied to sportive
	Management and hygiene in Food Services

Scope of Practice

- Dietitians apply the art and science of human nutrition to help people understand the relationship between food and health and make dietary choices to attain and maintain health, and to prevent and treat illness and disease.

Where do you work?

- Health care centers: Hospitals
- Diet centers
- Community nutrition and public health
- Consultancy/private clinics
- Food industry
- Food service (catering, restaurants ...)
- sports nutrition (gym)
- Education and research
- Media



Entrance Exam

- ❖ Biology
- ❖ Chemistry
- ❖ Math
- ❖ Physics
- ❖ English
- ❖ Arabic